This is a story about five little white ghosts. They lived with their mother. One day Mother Ghost told her little ghosts that she had to go do some errands. She said she wouldn’t be long and would return with dinner as there was nothing white left in the house for them to eat. You see, little ghosts can only eat white foods to keep them bright white. She kissed them each good-bye and reminded them she would bring them some delicious white food for dinner.

When dinner time came, Mother Ghost had not returned yet. All the little ghosts were very, very hungry. They waited as long as they could and then went into the kitchen to see what they could find. There was no white food in the refrigerator and no white food in the cupboard.

The first little ghost found some grape juice and said, “I’m just going to drink a tiny little glass! That couldn’t matter!”

The second little ghost found a basket of strawberries and said, “I’m just going to eat one little strawberry. That should be okay!”

The third little ghost saw some crunchy broccoli and said, “I’m just going to take a nibble! That won’t hurt.”

The fourth little ghost looked and looked and finally saw one big carrot at the back of the refrigerator and said, “I’m just going to take a little bite! I’m sure I’ll be fine.”

The fifth little ghost opened the freezer and saw a tub of chocolate chip ice cream and said, “I’m going to eat the whole thing because it is almost all white!” And he did.

After eating, they were all very tired and went to their room to lie down. [Take the five little ghosts out of audience’s view.] Before they fell asleep, Mother Ghost returned. “I’m home my Five Little Ghosts,” she called. “Sorry I’m late, but I have brought lots of white food.” They jumped out of bed and went running to meet her and she gasped! [With the turn of the hand bring the Five Little Ghosts back into sight with their colored side facing the audience.] “Oh no, oh no, what have you done?!”

The first little ghost looked down at himself and saw that he was all purple.

The second ghost saw that she had turned red.

The third ghost couldn’t believe she was all green.

The fourth ghost was bright orange.

The fifth ghost, at first, thought he was still white, but when he looked closer, he saw that he was all speckled brown!

Mother Ghost scolded them all. “What did you eat?”

The first little ghost sad sadly, “I drank just a little teeny tiny glass of (let children recall the food) grape juicee!”

The second little ghost said with tears in her eyes, “I just ate one (let children recall the food) little strawberry!”

The third one said disappointed in herself, “I only nibbled (let children recall the food) some broccoli!”

The fourth little ghost with tears streaming down his face said, “I took one little bite (let children recall the food) of carrot and I’m very sorry!”

The fifth little ghost said, “I ate (let children recall the food) a whole tub of chocolate chip ice cream,” and then started laughing out loud. This made everyone laugh, even Mother Ghost, to see her Little Chocolate Chip Ghost!

Mother Ghost sent them all to bed. She said, “Halloween is only five days away. You must stay in bed until then; rest and eat lots of white, white food.” (let children name white foods) And they did. (Have children count to five for each day until Halloween)

Come Halloween night, she called to her Five Little Ghosts and they all came running. [With the turn of the hand bring the Five Little Ghosts back into sight with their all white side facing the audience.] They were ALL BRIGHT WHITE AGAIN!